

1. GENERAL INFORMATION			
1.1. Course teacher	Assist.Prof. Lidija Petrinović, Ph.D.	1.6. Year of the study programme	4
1.2. Name of the course	<b>BADMINTON</b>	1.7. Credits (ECTS)	2
1.3. Associate teachers		1.8. Type of instruction (number of hours L + S + E + e-learning)	30 (18L+12E)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	approx. 70
1.5. Status of the course	Elective	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	Improve students' theoretical knowledge and practical skill on badminton. Apply basic and advanced badminton techniques concentrating on the complex exercises for smaller and larger groups and application of the acquired knowledge and skills to active play.		
2.2. Course enrolment requirements and entry competences required for the course	Completed course Racquet sports.		
2.3. Learning outcomes at the level of the programme to which the course contributes	<ul style="list-style-type: none"> <li>- Acquiring advanced knowledge on modern diagnostics in badminton.</li> <li>- Effects of implementing certain badminton movement structures in training on psychosomatic status of children, youth and adults.</li> <li>- Biomechanical analysis of the advanced badminton technique and pertaining teaching methods and exercises</li> <li>- Familiarization with specific badminton technique and its variations, distinctively with the application of different cut shots.</li> <li>- Attaining practical knowledge and skills on optimal teaching exercises and methods for badminton technique in different age groups.</li> <li>- Attaining practical knowledge and skills on optimal teaching exercises and methods for advanced badminton technique in different competition disciplines.</li> <li>- Basic physical conditioning in badminton.</li> </ul>		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<p>Students acquire:</p> <ul style="list-style-type: none"> <li>- advanced theoretical information on diagnostics,</li> <li>- advanced specific skills,</li> <li>- practical teaching and training skills for advanced playing technique,</li> <li>- advanced strategic and tactical skills regarding different age groups</li> </ul> <p>Which enables students to:</p> <ul style="list-style-type: none"> <li>- design badminton teaching plans and programmes, and conduct that teaching process,</li> <li>- conduct modern diagnostic methods in badminton,</li> <li>- teach advanced strategic and tactical skills regarding different age groups.</li> </ul>		
2.5. Course content broken down in detail by weekly class schedule (syllabus)	<p><b>Theoretical lectures</b></p> <ol style="list-style-type: none"> <li>1. Modern diagnostics for badminton (1TL)</li> <li>2. Kinesiological analysis of forehand and backhand cut shots from overhead racquet swings (drop, smash) (1TL)</li> <li>3. Specificity of strength and power training in badminton(2TL)</li> <li>4. Technical and tactical utilization of shots in badminton play regarding different competition disciplines (2TL)</li> </ol> <p><b>Theoretical-practical lectures and exercises</b></p> <ol style="list-style-type: none"> <li>1. Teaching methods and performance of forehand shots from overhead swing – cut shots (drop, smash) (2TPL)</li> </ol>		

	<ol style="list-style-type: none"> <li>2. Teaching methods and performance of backhand shots through active play (drop, clear) (2TPL)</li> <li>3. Teaching methods and performance of court movement regarding pair rotations (2TPL)</li> <li>4. Teaching methods and performance of the net cut shots (2TPL)</li> <li>5. Strength and power training specificity in badminton; working with smaller and larger groups (2TPL)</li> <li>6. Miniton – specificity of training with children aged 4 to (2TPL)</li> <li>7. Teaching exercises, order and progression for forehand cut shots from overhead racquet swings (drop, smash) (2E)</li> <li>8. Teaching exercises, order and progression for backhand (2E)</li> <li>9. Teaching exercises, order and progression in performing court movement regarding pair rotations (2E)</li> <li>10. Teaching exercises, order and progression for net cut shots (2E)</li> <li>11. Teaching exercises, order and progression in badminton strength and power training (2E)</li> <li>12. Teaching exercises, order and progression for miniton (2E)</li> </ol>					
2.6. Format of instruction:	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input type="checkbox"/> partial e-learning <input checked="" type="checkbox"/> field work		<input type="checkbox"/> independent assignments <input type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)		2.7. Comments:	
2.8. Student responsibilities						
2.9. Screening student work (name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course )	Class attendance	0,5	Research		Practical training	
	Experimental work		Report		(other)	
	Essay		Seminar essay		(other)	
	Tests	0,5	Oral exam	0,5	(other)	
	Written exam	0,5	Project		(other)	
2.10. Grading and evaluating student work in class and at the final exam	Class attendance 25% Tests 25% Written exam 25% Oral exam 25%					
2.11. Required literature (available in the library and via other media)	<b>Title</b>				<b>Number of copies in the library</b>	<b>Availability via other media</b>
	DBF. Badminton u školi (2000). Hrvatski badmintonski savez (prema izdanju njemačkog badmintonskog saveza).				5	
2.12. Optional literature (at the time of submission of study programme proposal)	<ol style="list-style-type: none"> <li>1. Petrinović Zekan, L., Zdenjak, L. (2008). Trening snage u badmintonu. u: Jukić, I., Milanović, D., Gregov, C. (ur.) Zbornik radova međunarodne konferencije „Kondicijska priprema sportaša 2008.“, Zagreb, 2008. Zagreb: Kineziološki fakultet Sveučilišta u Zagrebu, Udruga kondicijskih trenera Hrvatske, 272-276.</li> <li>2. Petrinović Zekan, L. (2007). Badminton – „nepoznati sport“. Acta Med Croatica, 61 (1), 49-52.</li> <li>3. Downey, J. (2003). Badminton for Schools. London: Pelham Books.</li> <li>4. Downey, J. (1992). Play short badminton. National Coach Foundation.</li> <li>5. Petrić, D. (1995). Badminton u nastavi tjelesne i zdravstvene kulture u osnovnoj školi. u: Findak, V. (ur.) Zbornik radova 4. ljetne škole pedagoga fizičke kulture Republike Hrvatske.</li> </ol>					
2.13. Quality assurance methods that ensure the acquisition of exit competences	Anonymous student survey.					