

1. GENERAL INFORMATION			
1.1. Course teacher	Prof. Dinko Vuleta, Ph.D. (T)	1.6. Year of the study programme	1
1.2. Name of the course	HANDBALL	1.7. Credits (ECTS)	6
1.3. Associate teachers	Igor Gruić, Ph.D. Katarina Ohnjec, M.Sc.	1.8. Type of instruction (number of hours L + S + E + e-learning)	75 (45L+30E)
1.4. Study programme (undergraduate, graduate, integrated)	Integrated	1.9. Expected enrolment in the course	290
1.5. Status of the course	Mandatory	1.10. Level of application of e-learning (level 1, 2, 3), percentage of online instruction (max. 20%)	
2. COURSE DESCRIPTION			
2.1. Course objectives	The objective of the subject is to prepare and train/educate students to perform teaching units related to handball in PE teaching in primary and secondary schools and partially at higher education institutions. The second objective is to familiarize them with the handball history, its rules, organization of competitions, as well as with the fundamentals techniques, methodology of teaching technical elements and with fundamentals of handball tactics.		
2.2. Course enrolment requirements and entry competences required for the course	No enrolment requirements.		
2.3. Learning outcomes at the level of the programme to which the course contributes	To obtain competence to apply adopted knowledge in primary, secondary and post-secondary education in PE class teaching; to be able to recognize and critically consider advantages and disadvantages of the application of handball contents when compared to other kinesiological activities.		
2.4. Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	The students will be able to: understand position of handball in various classifications of sports; demonstrate practically and explain verbally basic knowledge on handball techniques, teaching methodology and fundamentals of tactics; identify influences and contributions of particular motor skills and abilities to situation-related efficiency (performance) in the entire handball game or across its segments.		
2.5. Course content broken down in detail by weekly class schedule (syllabus)	<p>Theoretical lectures</p> <ol style="list-style-type: none"> 1. Development of handball in world and Croatia (2L) 2. Kinesiological and structural analysis of handball (2L) 3. Rules of the game of handball (2L) 4. Handball techniques (2L) 5. Methodology of teaching elements of the game of handball (2L) 6. Fundamentals of handball tactics (2L) 7. Mini handball and beach handball (3L) <p>Theoretical-practical lectures and exercises</p> <ol style="list-style-type: none"> 1. Techniques of play in attack without the ball (stances, setting the body in motion, starts and starting acceleration, stopping, movement direction changes, take-offs, landings and falls) (2TPL+2E) 2. Movement patterns with the ball (stances, ball holdings, receiving the ball – catching, stopping, picking-up and taking-over) (2TPL+2E) 3. Advancing the ball (by dribbling, stepping, turning around) (2TPL+2V) 		

	<p>4. Throws (passes – basic and specific) (2TPL+2E) 5. Passing and catching the ball while moving (2TPL+2E) 6. Passing and catching the ball while moving in specific conditions of handball game (2TPL+2E) 7. Ground shots (basic shot, hip height shot – Jensen, „extended“ hip height shot – Selec, knee height shot – Liebkning, declined shot – semieret, shot out of a turn – schraube) (2TPL+2E) 8. Jump shots (classical jump shot, jump shot with the extended arm, jump shot with hip height release, declined jump shot – semieret, jump shot out of a turn) (2TPL+2E) 9. Shooting from the wing positins (left wing) (2TPL+2E) 10. Shooting from the wing positins (right wing – semieret) (2TPL+2E) 11. Shooting from the pivot position (dive shots; various ways of falling down) (2TPL+2E) 12. Feints (2TPL+2V) 13. Close zone defence formations and attack against them (e.g. 6 : 0) – „figures-of-eight“ (2TPL+2E) 14. Open zone defence formations and attack against them (e.g. – 3 : 2 : 1) – „odvlačenje halfa“, „odvlačenje prednjeg“ – (2TPL+2E) 15. Competitions (2TPL+2V)</p>					
2.6.Format of instruction:	<input checked="" type="checkbox"/> lectures <input type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> on line in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work		<input type="checkbox"/> independent assignments <input type="checkbox"/> multimedia and the internet <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)		2.7.Comments:	
2.8.Student responsibilities	Regular class attendance, active participation					
2.9.Screening student work (name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course)	Class attendance	0.5	Research		Practical training	
	Experimental work		Report		(other)	
	Essay		Seminar essay		(other)	
	Tests	1	Oral exam	2	(other)	
	Written exam	0.5	Project		Practical exam	2
2.10. Grading and evaluating student work in class and at the final exam	Class active participatin 9%. Test / Quiz 16%. Written exam 9%. Oral exam 33%. Practical exam 33%.					